

**2 FOCUS ON...****Words****2 FOCUS ON... Words A Suggested answers**

**1 Vegetables:** lettuce, carrots, onions, tomatoes, mushrooms, cabbage, broccoli, leeks, cucumber, radishes, potatoes

**2 Dairy produce:** milk, butter, cheese, cream, yoghurt

**3 Meat:** lamb, beef, pork, chicken, turkey

**4 Fish:** salmon, plaice, cod, haddock, squid

**5 Fruit:** oranges, apples, pears, bananas, grapes, pineapple, melon, peaches, plums, apricots

**2 FOCUS ON... Words B Answers**

**Positive:** delicious, fantastic, healthy, tasty, mouthwatering

**Negative:** bland, disgusting, horrible

**2 FOCUS ON... Words D Answers**

1 b      2 d      3 e      4 h  
5 a      6 f      7 c      8 g

**3 READING CD 2 (Red) track 6, page 29 SB****3 READING B Answers**

**1** Vegans don't eat or wear any animal products: they don't eat dairy produce, eggs or honey and they don't wear leather shoes.

**2** About ten billion.

**3** They produce lots of methane gas.

**4** We can use the land to grow vegetables instead of meat.

**3 READING C Answers**

35: the number of animals per person that die each year for meat in the USA.

25%: the amount of methane gas livestock produce in the UK.

114: the amount of beef half a hectare of land can produce.

100,000: the amount of water it takes to produce 900 litres of water.

**4 LANGUAGE: Connecting words *and*, *but* and *because*****4 LANGUAGE Answers**

A because B and C but

**5 LISTEN IN CD 1 (Blue) track 8, page 30 SB****5 LISTEN IN B Answers**

iron = a metal (chemical symbol: Fe) which you can find in some foods and in our blood

genetically modified food = food in which scientists have changed the genes

vitamins = you find these in some foods; they are important for a healthy body

cruel = very unkind; causing pain

care about = be interested in / have a good opinion of

genes = they determine what people, plants and animals are like

**5 LISTEN IN C Answer**

Dan is angry with Ellen because she has decided to become a vegetarian and he thinks this is silly.

**5 LISTEN IN D Answers**

1, 4, 5, 9, 10

**8 NUTRITION in English Page 31 SB****8 NUTRITION in English A Answers**

1 sparingly 2 serving 3 diet 4 calories 5 weight  
6 saturated fat 7 food groups 8 health

**8 NUTRITION in English B Answers**

**1** This group is at the top of the pyramid, the smallest part, because people should only eat small amounts of these foods.

**2** The bread and pasta group is at the bottom because people should eat a large amount of foods from this group.

**3** Because each food group provides different nutrients and we need all the different nutrients for good health.

**8 NUTRITION in English C Answer**

A vegetarian diet is a healthy diet if vegetarians follow the rules of the food pyramid. That means they should eat something else from the 'meat' group (beans, eggs or nuts), eat lots of servings from the other four bottom food groups and only small amounts from the fats, oils and sweets group.

A vegetarian diet isn't a healthy diet if it doesn't include food from all groups or if it includes too many sweets or too much fat.

## WORKBOOK answers

Pages 14–15 WB

1 Language: connecting words *and*, *but* and *because*

## 1 A

1 because 2 but 3 and 4 but 5 because

## 1 B

*(Example answer)*

My boyfriend and I went to a restaurant yesterday **and** (we) had a meal for his birthday. The restaurant was very busy **and** it was very noisy too. My boyfriend wanted fish **but** there was no fish on the menu. So we had chicken **because** we both like that. It tasted okay **but** it wasn't anything special. The wine was good **but** it was too warm. We waited twenty minutes for the bill **and** then (we) complained. We complained again when we got the bill **because** it was wrong. It wasn't a very good birthday!

## 1 C

*(Individual answers)*

## 2 Use of English

## 2 A

- 1 My boyfriend eats quickly.
- 2 Fries are *worse* for you than chocolate.
- 3 We're *going* to eat out on Friday.
- 4 There aren't *many* vegetarians in the USA.
- 5 The food *didn't* taste very good.

## 3 Vocabulary

## 3 A

- |             |            |         |
|-------------|------------|---------|
| 1 cheese    | 2 potatoes | 3 fries |
| 4 aubergine | 5 oranges  | 6 bread |

## 3 B

- |           |             |           |
|-----------|-------------|-----------|
| 1 963     | 2 4,335     | 3 672,000 |
| 4 200,450 | 5 1,500,000 |           |

## 3 C

- 1 Eight hundred and forty-one
- 2 Seventy-eight thousand, six hundred and fifteen
- 3 One hundred and fifty-seven thousand
- 4 Nine hundred and ninety-nine thousand, nine hundred and eighty-seven
- 5 Three million, seven hundred and sixty thousand, two hundred and three

## 3 D

- |        |                     |          |
|--------|---------------------|----------|
| 1 diet | 2 calories / weight | 3 Health |
| 4 fat  | 5 Nutrients         |          |

## 4 Pronunciation

CD1 (Blue) track 9

## 4 A 2

## Noun

environment  
accident  
misery  
knowledge  
geography  
economy

## Adjective

environmental  
accidental  
miserable  
knowledgeable  
geographic  
economic

## 4 A 3

miserable, knowledgeable (the words ending in *-able*)

## 4 B 2

## Verb

produce  
increase  
decrease  
export  
research

## Noun

produce  
increase  
decrease  
export  
research

## 4 B 3

The stress is on the last syllable of the verbs and the first syllable of the nouns.

## 5 Portfolio Writing

*(Individual answers)*